

The Chalice

Newsletter of the Oberlin Unitarian Universalist Fellowship



September 2020

 Like us on Facebook

If you have announcements for The Chalice,
send them to office@ouuf.org at least one week before the first of the month.

Thank You!

Upcoming Services September 2020

September 6

"Waters of Renewal"

Rev. Mary Grigolia, and Directors of Religious Exploration:
Caitlin Chapman from Olmsted UU and Lara Lillibridge from Oberlin
UU.

Come celebrate our annual and first ever Zoom Water Service. In these challenging times, what are you allowing to float away, to let go? How are you changing course, to 'go with the flow?' And what's flowing in, what's renewing you?

September 13

"There is a Love Holding Us"

Rev. Mary Grigolia

There is a Love Holding Us, grounding our UU Principles, calling us together in spiritual

community. and moving us with compassion to work for justice.

September 20

"Seeing with Golden Eyes"

Rev. Mary Grigolia, Dana Morgan

Explore the 1st UU principle, the inherent worth and dignity of every person. When we see others through Golden Eyes, we see no stranger. How does this shape our political lives, families, friendships?

September 27

"Self-Kindness, the Super Power"

Rev. Mary Grigolia

Self-Kindness, the SuperPower and antidote to shame, hate, fear, blame and the reactivity of our political process. Our first UU principle, affirming Inherent worth and dignity, starts with ourselves. Why it's so hard.

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Zoom Addresses

Sunday Service Zoom Login

Join via computer: <https://zoom.us/j/92624190519?pwd=SWdHL3Z6OkxGY1ITWXdqdVluYUVXOT09>

Meeting ID: 926 2419 0519

Join via smartphone by dialing: 929-436-2866, then entering the Meeting ID followed by the pound sign: 92624190519#, then entering the password: 134017#

OUUF Events Calendar

events are online and times are PM unless otherwise specified

For more information, and to see when rooms are reserved for private use, [check our online calendar.](#)

1 Tue

2 Wed

3 Thu

10:00-11:30am Morning Meditation via Zoom

2:00-3:30 Dream Group via Zoom

4 Fri

5 Sat

6 Sun

11:00am Sunday Service via Zoom

7 Mon

7:00-9:00 OUUF Men's Group via Zoom

8 Tue

9 Wed

7:00-8:00 Poetry Group via Zoom

10 Thu

10:00-11:30am Morning Meditation via Zoom

11 Fri

7:00-9:00 Trivia Night via Zoom

12 Sat

13 Sun

11:00am Sunday Service via Zoom

14 Mon

7:00-9:00 OUUF Men's Group via Zoom

15 Tue

16 Wed

17 Thu

10:00-11:30am Morning Meditation via Zoom

2:00-3:30 WISE Women via Zoom

3:45-5:00 Adult Program Team Meeting via Zoom

18 Fri

19 Sat

20 Sun

11:00am Sunday Service via Zoom

21 Mon

7:00-9:00 OUUF Men's Group via Zoom

22 Tue

4:00-5:00 Care Givers Support Group via Zoom

23 Wed

24 Thu

10:00-11:30am Morning Meditation via Zoom

25 Fri

26 Sat

27 Sun

11:00am Sunday Service via Zoom

28 Mon

7:00-9:00 OUUF Men's Group via Zoom

29 Tue

1:00 Listening to Writers of Color Book Club

30 Wed

Mary's Musings



What Renews You?

The worship theme for September is Renewal. Renewal is life's way. In September we witness a new month, new season, Jewish new year, new academic year, new congregational cycle.

Renewal is not just about cycles 'out there.'
Renewal is about our inner lives, how we feel about ourselves.
Renewal asks us to be in the here and the now.

To let go of yesterday's habits that caused suffering. To let go of narrow stories and expectations that hold back life.

Collectively, we are at a choice point in American life.
Voices of fear and hate seem overwhelming.
We may worry that renewal is unrealistic.

Yet renewal is not only possible, renewal is the way life works. We are wired for renewal. Every day we rely on a cycle of rest and renewal.

This year, this month, we invite each other to participate consciously in our own renewal for collective well-being.

We are in the midst of the most decisive presidential race in recent American history. Facing reactionary forces fueled by fear.

We must respond to fear with love, which needs us to become skillful in renewal, to be renewed, to be made new everyday. This is an arduous spiritual practice. And now's the time for renewal.

How are you being made new? What's renewing you today? For me, it's about slowing down. Trusting the pace of the Universe. Getting enough sleep. Zooming

with family. Going outside. Listening to birds. Taking a deep breath. Checking my voter registration.

Playing. Hydrating. Trusting that Life will show me how I am needed. Signing up for early voting. Being present to what I'm feeling. Laughing. Pacing myself. Facing myself. Noticing and responding to racism. Singing from grief, from joy. Relaxing. Trusting life to evolve through me, through all of us, from Love.

September 2020 Cause of the Month

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering.

The cause for September is El Centro.

JULY 2020 - JUNE 2021 CAUSES OF THE MONTH SCHEDULE

JULY Oberlin Weekday Community Meals
AUGUST League of Women Voters- Oberlin Area
Education Fund
SEPTEMBER El Centro
OCTOBER Genesis House
NOVEMBER OCS Helping Hands
DECEMBER UU Service Committee- Guest At Your Table
JANUARY Let's Get Real
FEBRUARY The Haven Center of Neighborhood Alliance
MARCH Lorain Co. Free Clinic
APRIL Lorain Co. Rape Crisis Center
MAY UUA Disaster Relief Fund
JUNE Family Planning Service of Lorain Co.

Adult Programs

Tuesdays:

Care-Givers Support Group - Tuesday, September 22, 4-5 p.m. on Zoom.

Do you care for a spouse, partner, parent, friend or child? Join us. Led by Rev. Mary. All are welcome. (usually 4th Tuesdays, meeting monthly)

Zoom Login:

Join via computer: <https://zoom.us/j/91083839716>

Meeting ID: 910 8383 9716

Join via smartphone: 929-436-2866, 91083839716#

Book Group: Listening to Writers of Color, Tuesday, September 29, 12:00-1:30 p.m. on Zoom

Monthly on Zoom, the last Tuesday of the month from 1 p.m.-2:30 pm, starting July 28. Do you want to deepen your understanding of what it is like to live as a person of color in the US? Olmsted member Lara Lillibridge is leading a book group to give us a glimpse into the lives of others, told in their own words. Come for one or all.

Lillibridge holds an MFA in Creative Nonfiction from West Virginia Wesleyan College, and is the Interviews Editor for Hippocampus Magazine. Author visits will be arranged whenever possible.

The book for August is *The Secrets We Kept: Three Women of Trinidad* by Krystal Sital

Zoom Login:

<https://uso2web.zoom.us/j/89821455963?pwd=NolIM3ByUFhwdolSMY9iT0ozdnFDdz09>

Meeting ID: 898 2145 5963

Password: 211606

Wednesdays

Check-in with Poetry, Wednesday, September 9, 7-8 p.m. on Zoom,

Bring a poem or two to share or just come to check-in and listen. All are welcome. (1st Wednesdays)

Zoom Login:

Join via computer: <https://zoom.us/930123295>

Meeting ID: 930 123 295

Join via smartphone: Dial 646-558-8656, input Meeting ID followed by the pound sign: 930123295#

Thursdays

Dream Group - Thursday, September 3, 2-3 p.m. on Zoom.

Exploring spiritual growth through the symbolism, wisdom and humor of dreams. All are welcome.

Join via computer:

<https://zoom.us/j/92920571122pwd=SGRrSXg5S2dyekprZ1dMRWFGU2Vldz09>

Meeting ID: 929 2057 1122

Join via smartphone: Dial: 929-436-2866, enter Meeting ID followed by pound sign: 92920571122# followed by password: 111939#

WISE Women - Thursday, September 17, 2-3:30 p.m. on Zoom.

Exploring new stories and questions from Clarissa Pinkola-Estès. Bring suggestions for brainstorming books and topics for summer and fall. All are welcome.

Join via computer:

<https://zoom.us/j/92920571122pwd=SGRrSXg5S2dyekprZ1dMRWFGU2Vldz09>

Meeting ID: 929 2057 1122

Join via smartphone: Dial: 929-436-2866, enter Meeting ID followed by pound sign: 92920571122# followed by password: 111939#

Mark Your Calendar: Daily Resilience Practice, 12:15-12:45.

Mondays through Saturdays, Oct 1 - Nov 4 -

Join Rev. Mary and others in spiritual grounding practices to stay centered, open-hearted

and engaged as the election draws near.

MORE ABOUT OUR COMMITTEE & TEAM EVENTS

Worship Team

Our **mission** is to facilitate worship that is transformational for the individual, congregation, and beyond.

Care Team OUUF

Our mission is to make visible the "spirit of caring fellowship", facilitating care for members and friends in their times of need.

Adult Program Team

Our mission is to provide transformational adult programs for spiritual exploration and ethical living for members and friends of OUUF and the larger community.

Adult Program Team meets on Thursday, September 17 at 3:45 p.m. via Zoom. All are welcome!

Membership Matters

Sunday September 13th will be Bring a Friend Sunday. In these days of Coronavirus and Zoom services it is very difficult for visitors to find us, and yet there is such an increased need in the world for community and spiritual support. We encourage you to invite someone to our Zoom service on Sunday, September 13th. Mary will be giving the service.

OUR DESTINY: CURRENT EVENTS DISCUSSION GROUP (intercongregational)

TO: Our UU Friends

FROM: Co-conveners Don Leake and Joanne Rahn

DATES/TIME: Fridays 7 o'clock to 9:00 PM from Patriot Day September 11 to November 15, 2020.

VENUE: OUUF Sanctuary: 10 in person participants, who agree to strictly following building use protocol established by Board. Seating at 10 foot intervals with ventilating fan. Unlimited zoom participation contingent upon zoom competent cohost. PLEASE VOLUNTEER!

SANCTION: Intercongregational Adult Programming Team 8 AUG 20

IN PERSON PARTICIPANTS: Helen Kopp Johnny Mac Jeff Witmer Jack Sender Meredith Sender Tom Derby LD Moore Carol Graham Jan Larsen (please advise Don Leake ASAP of any date (s) for which you will be unavailable so your seat can be offered to another person)

WHY: It is difficult to overstate the intense emotions we share related to the pandemic, the risk in the upcoming election to the primary preservation of democracy, the movement for racial justice and police reform, and a fundamentally critical year in the climate change battle . Although the intention of the conveners is to provide a platform to give voice to those emotions, is primarily conceptualized to be a forum for intellectual, cognitive discussion of the issues. If energy is generated toward an activism initiative, referral will be made to Sarah King and the Social Justice Team.

CONTACT: Joanne Rahn @jrahn@oberlin.net Cell 269-330 0690
Don Leake don.leake087@gmail.com cell 419-668-7628

UUA News

UUA Youth Opportunities

From involvement in drafting the Universal Declaration of Human Rights, to leading the faith caucus to establish the International Criminal Court, to overcoming UN apathy about sexual orientation & gender identity issues, the Unitarian Universalist United Nations Office (UU-UNO) has a long history of providing strong leadership in all aspects of human rights at a policy level.

With a deep passion for and commitment to international human rights, youth and adults from all over North America gather annually for our three day seminar to dig deeply into issues with global impact.

The intergenerational seminar is an opportunity to collaborate with others while learning how to be a global activist. Through workshops, peer and expert-led panel discussions, community building activities, and worship services, participants undergo a transformative process of learning, reflection, and growth as we explore some of the most challenging issues facing humanity today. Registration for the Virtual 2021 Intergenerational Spring Seminar will open in December 2020.

[Register here.](#)

Exploring Class and Classism

[UU Class Conversations](#) provides Unitarian Universalist congregations and organizations with the tools and language to explore class and classism through a distinctly UU lens. Building upon our faith community's ongoing diversity work - from race to gender to sexual orientation to gender identity - the project aims to produce more welcoming congregations while strengthening our shared commitment to social justice.

Multicultural Leadership & Inclusion

Effective justice ministry depends on partnership, since racial discrimination touches everyone. UU partners in racial justice work, beyond the Unitarian Universalist Association, include UU State Action Networks, the Unitarian Universalist Service Committee, the UU College of Social Justice, Diverse & Revolutionary UU Multicultural Ministries (DRUUMM), and Allies for Racial Equity. UUs also form interfaith partnerships, such as with the Interfaith Organizing Initiative, Congregation-Based Community Organizations, the Forward Together movement, the NAACP, and the Living Legacy Project. Learn more [here](#).

Reproductive Justice

Decisions about children, families and sexuality are some of life's most profound. We advocate not only for the freedom of those choices in each person's life journey, but also for the ability of all families and communities to realize a sense of wholeness with regard to their sexual and reproductive lives. We create safe and healthy environments for children in our faith communities and campaign publicly for just and compassionate laws for family planning, reproductive health, and gender equality. Read about what we're doing [here](#).

Committees & Teams

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Committee on Ministry	com@ouuf.org
Communications Committee	communications@ouuf.org
Religious Exploration Committee	cyre@ouuf.org
Nominating Committee	nomcom@ouuf.org
Social Justice Committee	socjust@ouuf.org
Welcoming Congregation Team	welcong@ouuf.org
Worship Team	worship@ouuf.org

Oberlin Unitarian Universalist Fellowship

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Services every Sunday on
Zoom
at 11:00am

All Are Welcome!

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'20

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