

SHARE:

[Join Our Email List](#)



OBERLIN UNITARIAN UNIVERSALIST FELLOWSHIP

The Chalice Newsletter of the Oberlin Unitarian Universalist Fellowship June 2022

If you have announcements for The Chalice, send them to office@ouuf.org at least one week before the first of the month.
Thank You!

Upcoming Services

June 2022

=====

June 5
TED Talk
Ryan Mincey, Brian Warren, Meredith

Denis Dutton, Darwinian Theory of Beauty
Mycologist Paul Stamets lists 6 ways the mycelium fungus can help save the universe: cleaning polluted soil, making insecticides, treating smallpox and even flu viruses.

June 12
Our Evolving Wholeness

In times of turmoil, we need resilience. One source of resilience is to become aware of blessings, which help us keep faith with life. Blessings change us, inviting us to wider ways of being, as individuals and in spiritual community. Interdependence calls us beyond individualism into a collective field of creative possibility and change. Service led by Zellda Zelle and Rev. Mary.

We'll share a video update from Alexis Dedek, Executive Director of Oberlin's Cause of the Month for June: Family Planning Services of Lorain County.

June 19
Fathering: Yesterday-Today-Tomorrow

A Service Offered by Members of the OUUF Men's Group

Beginning with the World War II entry of women into the workplace, we have experienced increasing role reversal (of nurturing children being seen as the mother's role and breadwinning the father's role).

While the fundamental importance of mothering has always been self-evident, over recent decades there has been increasing appreciation for the unique contribution of fathering to the emotional and psychological development of children.

As sources of nurturance and support have become increasingly diverse, so have sources of inspiration for autonomy and growth. Who is inspired you? What mentors have called you to "be all you can be?", Come share with us the awe and wonder of fathering, as well as instances in which it is not been ideal.

June 26

The Blessing of Our Living Tradition

Tina Graf, L.D. Moore, and Rev. Mary share stories and inspiration from the wider UU world, as the Unitarian Universalist Association gathers this week in Portland OR for General Assembly, to support congregations in responding to the needs of our time.

After the service:

At Olmsted, Emily Williams will lead Meditation with Mudras.

At Oberlin, there will be a potluck lunch. and all invited to the to watch the GA Sunday service which streams at 12:30..

=====

Zoom Addresses

Sunday Service Zoom Login

Join via computer: [https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdkdVluYUVXQT09)
[pwd=SWdHL3Z6QkxGY1lTWXdkdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdkdVluYUVXQT09)

Meeting ID: 926 2419 0519

Join via smartphone by dialing: 929-436-2866, then entering the

Meeting ID followed by the pound sign: 92624190519#, then entering the password: 134017#

OUUF Events Calendar

events are online and times are PM unless otherwise specified

For more information, and to see when rooms are reserved for private use,
[check our online calendar.](#)

1 Wed

1:00pm Joys & Concerns, Oberlin Care Team via Zoom

2 Thu

10:30-11:30am Morning Meditation via Zoom

1:00-2:30 Wisdom Dreams via Zoom

2:45-4:15 Worship Team Meeting via Zoom

7:00-8:00 Evening Meditation via Zoom

3 Fri

4 Sat

5 Sun

10:15-10:45am Children's Church via Zoom

11:00am Sunday Service (**hybrid meeting**)

6 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

7 Tue

7:00-8:00 Poetry Group via Zoom

8 Wed

10:00-11:00am Pastoral Counseling/Check-In **via phone**

3:00pm Living with Change Covenant Group (**Social Room, OUUF**)

9 Thu

10:30-11:30am Morning Meditation via Zoom

7:00-8:00 Evening Meditation via Zoom

10 Fri

7:00-9:00 Game Night via Zoom

11 Sat

12 Sun

10:15-10:45am Children's Church via Zoom

11:00am Sunday Service (**hybrid meeting**)

13 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

14 Tue

6:30 Board Meeting

15 Wed

4:00-5:00 Cultivating Resilience **at Kendal Ed Center**

10:00-11:30 Forest Immersion **at Rocky River Nature Center, 24000 Valley Parkway, North Olmsted.**

16 Thu

10:30am-11:30am Morning Meditation via Zoom

1:00-2:30 WISE Women (**hybrid meeting**)

3:45-5:15 Adult Program Team Meeting via Zoom

7:00-8:00 Evening Meditation via Zoom

17 Fri

7:00-9:00 Current Events Discussion Group (hybrid meeting)

18 Sat

19 Sun

10:15-10:45am Children's Church via Zoom

11:00am Sunday Service (**hybrid meeting**)

20 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

21 Tue

22 Wed

10:00-11:00am Pastoral Counseling/Check-In **via phone**

3:00pm Living with Change Covenant Group (**Social Room, OUUF**)

7:00-9:00 What Would Jesus Do? Covenant Group (**hybrid meeting**)

23 Thu

10:30-11:30am Morning Meditation via Zoom

7:00-8:00 Evening Meditation via Zoom

24 Fri

25 Sat

26 Sun

10:15-10:45am Children's Church via Zoom

11:00am Sunday Service (**hybrid meeting**)

27 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

28 Tue

29 Wed

30Thu

Mary's Musings Celebrating Blessings

In the Jewish scriptures, while camping by a turn in the river, Jacob finds an intruder and they wrestle all night. As day breaks, he sees the intruder is an angel and demands to know the angel's name. Instead, the angel changes Jacob's name to Yisrael - One who has seen God. Jacob is transformed during



the struggle, and walks with a limp the rest of his life.

Jacob's blessing comes with wounding and leads to a new religion, the first monotheistic religion, grounded in direct experience of oneness with Life (our first UU Source).

We are all wounded in our struggles with life, where we are vulnerable, open: To grow, to evolve, requires vulnerability, changes us. and leaves us limping.

As I write, we are reeling from the school shootings of 19 children and two teachers in Texas. We weep for them and with their families. We feel overwhelmed. Angry.

In our individualistic society we may feel despair: What can I do to change things?

You are not alone. Reading this, you are part of our spiritual communities yearning to make a difference, to help shift ourselves and our culture away from hate to love.

To make a difference in the world, we have to take part.

To take part, we have to be touched, to feel our feelings, which show us the depth of our compassion, the depth of love for and commitment to life.

Sounds simple enough. But not easy.

In our culture we are taught NOT to feel.

We either stay too busy, escape into denial (Netflix binging) or numb out.

Our culture is literally crying out for an alternative to polarization and violence. Crying out UU values. And how to live them in the world.

Living our values requires us to be open-hearted, resilient.

Right now, that requires us to let our hearts break open.

Which requires resilience.

We gather in spiritual community to help each other grow resilience, so we may be of benefit to this world, as individuals and together, helping to shift from hate to love. This takes heart. This takes practice. This takes each other.

How are you being wounded, blessed, transformed by wrestlings with life?

How are you allowing yourself to be held by Love while you feel it all?

June 2022 Cause of the Month

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering.

June 2022 Cause of the Month: Family Planning Services of Lorain County

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering.

Family Planning Services of Lorain County provides confidential, high-quality, low-cost reproductive health care to both men and women at medical offices in Elyria and

Lorain, serving more than 5,000 individuals a year. No one is turned away due to inability to pay. The agency takes a holistic approach to health education by providing information on a wide variety of topics to a wide range of groups or one-on-one.

Alexis Dedek, FPSLC Outreach Coordinator, will join us with a recorded message during the service on Sunday, June 12.

JULY 2021 - JUNE 2022
CAUSES OF THE MONTH SCHEDULE

JULY Oberlin Weekday Community Meals
AUGUST League of Women Voters- Oberlin Area
Education Fund
SEPTEMBER El Centro
OCTOBER Genesis House
NOVEMBER OCS Helping Hands
DECEMBER UU Service Committee- Guest At Your Table
JANUARY Let's Get Real
FEBRUARY The Haven Center of Neighborhood Alliance
MARCH Lorain Co. Free Clinic
APRIL Lorain Co. Rape Crisis Center
MAY UUA Disaster Relief Fund
JUNE Family Planning Service of Lorain Co.

Adult Programs

Mondays:

OUUF Men's Group, Mondays, 7-9 p.m., **hybrid meeting**

The mission of the OUUF Men's Group is to:

- Support each other as men for positive participation in living the Unitarian Universalist principles in our personal and community lives.
- Strengthen our bond and covenant together, expressing feelings at deepening levels, speaking from the heart and listening actively without judgment.
- Facilitate personal and congregational spiritual growth in beloved community.

Our relationships exist in the space between us, which is sacred (Martin Buber). We honor that space through the use of Essential Silence, I-Statements, and Active Deep Listening. Come once a week, once a month, or once a year. If you identify as male and generally agree with the principles of Unitarian Universalism we hope to see you here.

Zoom Meeting ID: 707 226 286

Passcode: 091 905

Tuesdays:

Poetry Group, Tuesday, June 7, 7-8 p.m. on Zoom

Poems to Live By, Poems to Wake Us Up: monthly UU Poetry Group. Bring a poem (or two or three) to share. Or come to listen. All are welcome. Facilitated by Rev. Mary.

Zoom login: <https://zoom.us/j/99928081815?pwd=To5FQk5sZO5TbEpLUGNmTk5NMldhdz09>

Meeting ID: 999 2808 1815 Passcode: 559893
 Join by smartphone: 301-715-8592, enter the Meeting ID plus #:
 99928081815#, enter the passcode plus #: 559893#

Wednesdays

Pastoral Counseling/Check-In - 2nd & 4th Weds, June 8 & 22, 10-11a.m.

Phone in: 216-402-3438. Or email for an appointment at a different time
 (mary@marygrigolia.com). All are welcome.

UU Gathering: Cultivating Resilience: Explore Aspects of Joy, Wednesday,
 June 15 4-5 p.m. Kendal Ed Center Building

One way we build resilience - emotionally, physically and spiritually - is by celebrating our blessings. The word "blessed" comes from the French for "wounded." That which wounds us reveals our vulnerability, teaches us about ourselves and the world, and motivates us to grow into our full and whole selves. What blessings do you celebrate? Program led by Zella Zelley and Rev. Mary Grigolia. Meeting in-person in the Crossroads Room, Kendal-at-Oberlin main building and on Zoom:

Login: <https://zoom.us/my/keepingfaithwithlife>

What Would Jesus Do? Covenant Group, Wednesday, June 22, 7:00-9:00 p.m.
 hybrid meeting

You are warmly invited to join us in exploring Christian Renewal Within Unitarian Universalism: Returning To The Heart Of Jesus Consciousness , the title of a workshop conducted by UU Minister Matthew Johnson. The core values which Jesus embodied are authentically expressed in the seven Principles and six Sources of Unitarian Universalism, and lived out in UU congregations. Spiritual seekers from traditional Christian churches are also welcome in our group! (Our group was inspired by a book entitled The Great Spiritual Migration, by Brian McLaren, as well).

Zoom Login:

<https://zoom.us/j/99356254184?pwd=ZkoyVmdJSXA0aGk5dGozZW5adWVadz09>

Meeting ID: 993 562 54184

Passcode: 580 483

FOREST IMMERSION: A WALK IN THE WOODS

Take a Walk in the the Woods with Emily Williams and Eric Jaworowski. We all know how good being in nature can make us feel. The sounds of the forest, the scent of the trees, the sunlight playing through the leaves, the fresh, clean air - these things give us a sense of comfort. They ease our stress and worry, help us relax and to think more clearly. Being in nature can restore our mood, give us back our energy and vitality, refresh and rejuvenate us. Come take in the forest atmosphere with us! We will walk very slowly. It's like a walking meditation. Leave your cares behind! We will meet 3rd Wednesdays on June 15th and July 20th from 10:00 to 11:30 am. We will meet in the parking lot of the Rocky River Nature Center, 24000 Valley Parkway, North Olmsted. (Phone number for the Rocky River Nature Center 440-734-6660.)

Thursdays

Deepening Circles, Morning Meditations, weekly on Thursdays, 10:30-11:30
 a.m. on Zoom

A weekly drop-in meditation group, drawing from Buddhism, yoga and beyond; practicing four circles of awareness: body, mind, heart, and spirit. We reflect on Pema Chodron's,

Welcoming the Unwelcome, June 2, chapter 18, “Welcoming the Unwelcome with Laughter;” June 9 and 16, chapter 19, “Learning from Our Teachers;” June 23 and 30, chapter 20, “Mission Impossible.” All are welcome. Led by Rev. Mary.

Zoom login:

<https://zoom.us/j/97515604579pwd=bjJRcWdpMU1VcGxpVHNiZXlnS2piUTo9>

Meeting ID: 975 1560 4579 Passcode: 679876

Join by smartphone by entering: 929-436-2866, then entering the Meeting ID plus #: 97515604579#, then entering the passcode plus #: 679876#

Evening Meditation, weekly on Thursdays, 7:00-8:00 p.m. on Zoom

"Meditation can give you what you cannot get from any other source, it introduces you to yourself. It allows you to see that the Spirit is within you. You are no longer alone." - Swami Rama

The meditation group that started as a Sangha in Michael Reitz's (Casper) apartment a year ago has continued to meet, using his excellent format as a guide. We would be delighted if others would like to join us.

Call or email Ann Cook-Frantz, convener, if you would like to join us, and she will send you the zoom link: anntcf78@gmail.com. or 5087-572-0563

Wisdom Dreams - Thursday, June 2, 1:00-2:30 p.m on Zoom. NEW TIME!

Bring a dream (or dream image) to share. Explore together the messages, meanings, and metaphors, wisdom and humor. All are welcome. Facilitated by Rev. Mary.

<https://zoom.us/j/93122029279?pwd=TC9UMmVGQVZHUHEzcWJ1OWUzUHOrZz09>

Meeting ID: 931 2202 9279

Passcode: 238245

One tap mobile

+19292056099,,93122029279#

WISE Women - Thursday, June 16, 1:00-2:30 (hybrid meeting)

Welcome to Women-in-Spirit Evolving - a monthly group to listen, support each other and celebrate what is emerging in our lives and our spiritual exploration. This month's theme is Celebrating Blessings. On Zoom and in person (wearing masks if unvaccinated).

Facilitated by Lynda Garvin, Betsy Geist, Carol Shultheis, & Rev. Mary.

Zoom login: <https://zoom.us/j/91280099980?>

[pwd=MUsxb1BDMjA2SVQoTVR3cTRDVWZGUTo9](https://zoom.us/j/91280099980?pwd=MUsxb1BDMjA2SVQoTVR3cTRDVWZGUTo9)

Fridays

Current Events Discussion Group, June 17, 7:00-9:00 p.m. hybrid meeting

As a group we believe there is a difference between waiting and keeping vigil. “Anxious, impatient waiting is just waiting. But waiting with purpose, hope, and love is vigilant waiting.” We warmly invite you to join us in our vigilant waiting to enhance our understanding of current events and provide emotional support to one another in community, responding to them with vigor. Ideas for social action initiatives are referred to the Social Justice Committee for consideration.

Zoom Login:

Meeting ID: 937 7402 1775

Passcode: 294 216

MORE ABOUT OUR

COMMITTEE & TEAM EVENTS

Sunday Services/Worship Teams meet **Thursday, June 2, 2:45-4:15 p.m. (NEW TIME)** on Zoom to reflect on past services and plan upcoming services. Facilitated by Rev. Mary. All are welcome. Same login as Sunday morning services:

[https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)

[pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)

Adult Program Teams meet on **Thursday, June 16, 3:45-5:15 p.m.** to evaluate past programs and plan up-coming programs. All are welcome. Facilitated by Rev. Mary. On Zoom: <https://zoom.us/j/97055771526pwd=Q1psWjJzcDZxeWxoWHRpMlBqYnBoZz09>
Meeting ID: 970 5577 1526 / Passcode: 975903

Joys & Concerns, Oberlin Care Team meets on **Wednesday, June 1, 1 p.m.** on Zoom: <https://zoom.us/my/keepingfaithwithlife>

Communications Committee

The Communications Committee is looking for new members! If you are interested in joining, please send an email stating your interest to communications@ouuf.org.

DO YOU LIKE TED TALKS?

Most of us do! TED Talks have been a favorite for both Olmsted and Oberlin congregations during these "virtual service" times. We have viewed TED Talks monthly on Sunday mornings, and many people have joined a deeper discussion later in the week. Caitlin Chapman, DRE at Olmsted, has been a leader of the TED team for more than a year, often leading TED Talk services and discussions. But Caitlin needs to step aside now to focus on the Olmsted RE program as the church reopens. Many thanks, Caitlin!

Would you like to help with continuing TED Talks? If you have seen a TED Talk that inspires you, please share your find with the TED planning team. Better yet, join the team to help select TED Talks for Sunday Services, or lead discussions after the talk. If you are interested, please contact Jeff Witmer at Oberlin (jeff.witmer@oberlin.edu), or Brian Warren (blwarren@juno.com) at Olmsted.

May notes from the Board

Here are highlights from the May meeting of the Board.

We continue to be "mask optional," which means that coffee and food can be served. However, if you wish to sing during a service you must wear a mask. Indeed, we hope that you would either wear a KN95 mask or put on a second mask while singing.

At the May 1 meeting we received several comments and some good suggestions about our proposed changes to the bylaws. We have incorporated new ideas into the updated document that you can find on the website or at this [link](#).

Our stewardship campaign is continuing in the form of a challenge grant, as Cindy Frantz announced recently: A generous donor will match up to \$5,000 in new or increased pledges that come in by May 21. After we know how much additional pledge support we can count on for next year, the Board will finalize the budget recommendation for the year, to be voted on at the annual meeting on June 12.

A related financial item is that we plan to repeat the very successful wine tasting fundraiser we held this fall. In the coming year we hope to have the event in January or February and we are looking for someone who could do some work in the fall preparing for the fundraiser, since Cindy will be in London in the fall and thus unable to handle the logistical work that she did this year.

At the annual meeting we will also ask for a vote on our proposal to contract with West Roofing for major work on our roof. At this point we are not ready to ask for a vote on the solar panels project. We aren't abandoning the solar panels idea; we are just attending to the roof project first.

I remind you that May 28 is the deadline for annual reports from committees and teams.

We are pleased that Ryan Mincey has been hired to be our new office manager, working alongside Eva Wynn for the next couple of weeks. Ryan is also going to help with some bookkeeping and bill paying in an expanded role, supporting the treasurer.

I remind you that Board meetings are open to all Fellowship members and are held on the second Tuesday of the month, at 6:30 with a Zoom option. Let us know if you would like to be sent the link.

Jeff Witmer, Board President

"Without courage we cannot practice any other virtue with consistency. We can't be kind, true, merciful, generous, or honest."

--MAYA ANGELOU

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has." -- MARGARET MEAD

Committees & Teams

[Building & Grounds Committee](#)
bandg@ouuf.org

[Board of Trustees](#)
board@ouuf.org

[Committee on Ministry](#)
com@ouuf.org

[Communications Committee](#)
communications@ouuf.org

[Religious Exploration Committee](#)
cyre@ouuf.org

[Nominating Committee](#)
nomcom@ouuf.org

[Social Justice Committee](#)
socjust@ouuf.org

[Worship Team](#)

Oberlin Unitarian Universalist Fellowship

355 E. Lorain St.
Oberlin, Ohio 44074
Phone: 440-775-0355
www.ouuf.org

Services every Sunday on Zoom
at 11:00am

All Are Welcome!

STAFF

Minister:
Mary Grigolia
minister@ouuf.org

Office Manager:
Ryan Mincey
office@ouuf.org

worship@ouuf.org

Membership Committee
membership@ouuf.org

Finance Committee
finance@ouuf.org

Director of Religious Exploration:

Lara Lillibridge
dre@ouuf.org

Music Director:

Katie Cross
crossk_connect@yahoo.com

Board of Trustees '21-'22

President, Jeff Witmer;
Vice President, Stephanie Gibson;
Treasurer, Cindy Frantz;
Secretary, Elizabeth Aldrich;
Members-at-Large, Jan Larsen, Don Leake

OUUF | 355 E. Lorain St, Oberlin, OH 44074

[Unsubscribe office@ouuf.org](mailto:office@ouuf.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by office@ouuf.org powered by



Try email marketing for free today!