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The Chalice

Newsletter of the Oberlin Unitarian Universalist Fellowship September 2022

If you have announcements for The Chalice, send them to office@ouuf.org by the 25th of each month.

Thank You!

Upcoming Services

Belonging

September 2022

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September 4

Our Evolving Democracy - Discussion

We'll wrap up our summer-long series of programs about how we can work together across the political divide with a discussion of the insights and visions we're coming away with. Our discussion will be led by the Sunday Services team.

September 11

Going with the Flow, Together

As we ride the river into a new congregational year, a new school year, what do you bring to our spiritual community - your gifts, questions and needs - as we celebrate our annual Water Service

Intergenerational service led in Oberlin by Rev. Mary and in Olmsted by Emily Williams, Sheryl Chow & Marianna Carney.

With an update from Victor Leandry, Executive Director, El Centro, Oberlin's Cause of the Month for September.

September 18

Belonging - to Oneself, to Life

Writer Maya Angelou was asked where she belonged. She replied: When she accepts herself as she is, she feels she belongs to herself and can belong anywhere. When do we

accept ourselves as we are? Where do we feel accepted as we are, where do we belong?
Service led by Zellida Zelle and Rev. Mary

September 25

Return to the Home of Your Soul

As Autumn begins, we celebrate Rosh Hashanah, the Jewish New Year, with the invitation to "return again to the home of your soul." Where and what is home for us - as individuals and as a UU spiritual community? What does home ask of us? Service led by Rev. Mary. Do you have a symbol for home? Bring it to the service (in person or on Zoom).

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Zoom Addresses

Sunday Service Zoom Login

Join via computer: [https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXddqdVluYUVXQT09)

[pwd=SWdHL3Z6QkxGY1lTWXddqdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXddqdVluYUVXQT09)

Meeting ID: 926 2419 0519

Join via smartphone by dialing: 929-436-2866, then entering the

Meeting ID followed by the pound sign: 92624190519#, then entering the password: 134017#

OUUF Events Calendar

events are online and times are PM unless otherwise specified

For more information, and to see when rooms are reserved for private use,
[check our online calendar.](#)

1 Thu

10:30-11:30am Morning Meditation via Zoom

1:00-2:30 Wisdom Dreams via Zoom

3:00-4:30 Worship Team/Sunday Services Planning via Zoom

7:00-8:00 Evening Meditation via Zoom

7:00-8:00 Religious Exploration Committee

2 Fri

3 Sat

4 Sun

11:00am Sunday Service (**hybrid meeting**)

5 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

6 Tue

7:00-8:00 Poetry Group via Zoom

7 Wed

1:00 Care Team Meeting via Zoom

6:30-8:00 Getting the Word Out Meeting via Zoom

8 Thu

10:30am-11:30am Morning Meditation via Zoom

7:00-8:00 Evening Meditation via Zoom

9 Fri

2:30-3:30 Membership Team

6:30-10:00 Game Night via Zoom

10 Sat

11 Sun

11:00am Sunday Service (**hybrid meeting**)

2:00 Board Meeting via Zoom

12 Mon

7:00-9:00 OUUF Men's Group (**hybrid meeting**)

13 Tue

14 Wed

10:00-11:00am Pastoral Check-In **via phone**

3:00-5:00 Living with Change Covenant Group

15 Thu

10:30-11:30am Morning Meditation via Zoom

1:00-2:30 WISE Women **(hybrid meeting)**

4:00-5:00 Adult Program Team Meeting via Zoom

7:00-8:00 Evening Meditation via Zoom

16 Fri

7:00-9:00 Current Events Discussion Group (hybrid meeting)

17 Sat

9:00-12:30 p.m. Sources Retreat, at West Shore UU Church, 20401 Hilliard Blvd., Rocky River

18 Sun

11:00am Sunday Service **(hybrid meeting)**

19 Mon

7:00-9:00 OUUF Men's Group **(hybrid meeting)**

20 Tue

21 Wed

4:00-5:00 Cultivating Resilience **at Kendal Ed Center**

22 Thu

10:30-11:30am Morning Meditation via Zoom

7:00-8:00 Evening Meditation via Zoom

23 Fri

24 Sat

25 Sun

11:00am Sunday Service **(hybrid meeting)**

26 Mon

7:00-9:00 OUUF Men's Group **(hybrid meeting)**

27 Tue

28 Wed

10:00-11:00am Pastoral Check-In **via phone**

3:00-5:00 Living with Change Covenant Group

7:00-9:00 What Would Jesus Do? Covenant Group **(hybrid meeting)**

29 Thu

10:30am-11:30am Morning Meditation via Zoom

7:00-8:00 Evening Meditation via Zoom

30 Fri

Mary's Musings

Belonging, Home

What makes us feel like outsiders? What separates us from belonging?

Where and how do we belong?

I was thrilled to move to northeast Ohio 30 years ago to accept my first parish ministry position. Yet after I arrived, I felt out of place, like I didn't belong. Even as I loved my new job, when I looked around the landscape, I had a sinking feeling I had made a mistake. I kept it to myself, a hidden sadness growing inside me. I thought of the home I'd left behind, feeling the presence inside me of the hills and trees and water keeping me company on morning walks. I ached for them.



Six months into my first year in Ohio, early on a cold Monday morning in January, I was midway between Cleveland and Columbus, driving south on I-71, to meet with my mentor. The sun was rising over rolling open fields, bare trees shimmering, in colors I had never seen and could not name. Filled with awe and wonder, I felt everything opening in radiance and love, around me and within me: this unknown landscape, my sense of belonging, home.

No one ever told me we have to grieve the old landscape, the old home, before we can see the beauty of a new home, before we can allow ourselves to belong. How have you grieved old homes and embraced belonging in your new home?

September 2022 Cause of the Month

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering.

August 2022 Cause of the Month: El Centro

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering. The cause for September 2022 is **El Centro**.

El Centro de Servicios Sociales is a Hispanic-Latino non-profit advocacy organization whose mission is to enhance the socio-economic status of the Greater Lorain County community by providing essential social, educational, cultural, and community development services. Among the services that donations support are running its food pantry and creating access to all health services, an urgent need in these uncertain times.

We'll share a video update about the program from Victor Leandry, Executive Director of El Centro, at our September 11 service.

JULY 2022 - JUNE 2023 CAUSES OF THE MONTH SCHEDULE

JULY - Oberlin Weekday Community Meals
AUGUST - LGBTQ+ Lorain County
SEPTEMBER - El Centro
OCTOBER - Genesis House
NOVEMBER - OCS Helping Hands
DECEMBER - UU Service Committee- Guest At Your Table
JANUARY - Let's Get Real
FEBRUARY - The Haven Center of Neighborhood Alliance
MARCH - Lorain Co. Free Clinic
APRIL - Lorain Co. Rape Crisis Center

MAY - UUA Disaster Relief Fund
JUNE - Family Planning Service of Lorain Co.

Adult Programs

Mondays:

OUUF Men's Group, Mondays, 7-9 p.m., hybrid meeting

The mission of the OUUF Men's Group is to:

- Support each other as men for positive participation in living the Unitarian Universalist principles in our personal and community lives.
- Strengthen our bond and covenant together, expressing feelings at deepening levels, speaking from the heart and listening actively without judgment.
- Facilitate personal and congregational spiritual growth in beloved community.

Our relationships exist in the space between us, which is sacred (Martin Buber). We honor that space through the use of Essential Silence, I-Statements, and Active Deep Listening. Come once a week, once a month, or once a year. If you identify as male and generally agree with the principles of Unitarian Universalism we hope to see you here.

Zoom Meeting ID: 707 226 286

Passcode: 091 905

Tuesdays:

Poems to Live By, Poems to Wake Us Up: Monthly UU Poetry Group Zoom.

September 6, 7-8 p.m. Bring a poem (or two or three) to share. Or come to listen. All are welcome.

Zoom login: <https://zoom.us/my/keepingfaithwithlife>

Sources Covenant Groups, September 20, 1-3 p.m. in-person at Oberlin; **6:30-8:30 p.m.** on Zoom, <https://zoom.us/my/keepingfaithwithlife>. Pre-registration required.

Wednesdays:

Pastoral Counseling/Check-In - 2nd & 4th Weds, **September 14 & 28, 10-11 a.m.**

Phone-in: 216-402-3438 or email Rev. Mary for an appointment at a different time (mary@marygrigolia.com). All are welcome.

Cultivating Resilience, UU Monthly Kendal Gathering: **Wednesday, September 21, 4-5 p.m.**

How do we stay centered in stressful times? How do we not get overloaded – emotionally, physically, psychologically and spiritually? And how may we bounce back when overwhelmed? The “answer” is in cultivating resilience. September's Resilience theme explores, *The Path of Belonging*; co-facilitated by Zellda Zelle and Rev. Mary.

Thursdays:

Deepening Circles Meditation - Thursdays, 10:30-11:30 a.m.; September 1, 8, 15, 22, 29 on Zoom. Weekly drop-in meditation group. Four circles of awareness: body, heart, mind and spirit. Buddhism and beyond. Practicing with Pema Chodron's, *Living Beautifully*, chapters three and four. All are welcome. Led by Rev. Mary.

Zoom login:

<https://zoom.us/j/97515604579pwd=bjJRcWdpMU1VcGxpVHNIzXlnS2piUT09>

Meeting ID: 975 1560 4579 Passcode: 679876

Join by smartphone by entering: 929-436-2866, then entering the Meeting ID plus #: 97515604579#, then entering the passcode plus #: 679876#

Wisdom Dreams - Thursday, September 1, 1-2:30 p.m. on Zoom. Bring a dream (or dream image) to share. Explore together the messages, meanings, and metaphors, wisdom and humor. All are welcome. New Zoom address:

<https://zoom.us/my/keepingfaithwithlife>

WISE Women - Thursday, September 15, 1-2:30 p.m. Welcome to Women-in-Spirit Evolving - a monthly group to listen, support each other and celebrate what is emerging in our lives and our spiritual exploration. In September we explore our individual journeys of belonging and reflect on the power of belonging to WISE Women. NEW ZOOM login: <https://zoom.us/my/keepingfaithwithlife>

Saturdays:

Sources Retreat, September 17, 9-12:30 p.m., at West Shore UU Church, 20401 Hilliard Blvd., Rocky River. Open to all who pre-registered for our two new Sources Covenant groups.

MORE ABOUT OUR COMMITTEE & TEAM EVENTS

Sunday Services/Worship Teams, Thursday, September 1, 2:45-4:15 p.m. on Zoom to reflect on past services and plan upcoming services. All are welcome. Same login as Sunday morning services:

[https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)

[pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)

Joys & Concerns, Oberlin Care Team, Wednesday, September 7, 1 p.m. on Zoom: <https://zoom.us/my/keepingfaithwithlife>

Adult Program Teams, Thursday, September 15, 3:45-5:15 p.m. Evaluate current programs, plan new ones. All are welcome. On Zoom:

<https://zoom.us/my/keepingfaithwithlife>

MEMBERSHIP MATTERS: BRING A FRIEND SUNDAY - OCTOBER 23, 2022

Twice a year we are asked to consider with whom among our family, friends and acquaintances we would like to share our Oasis of Loving Engagement.

Invite them to attend in person on Bring A Friend Sunday, October 23 in our sanctuary. Or, if indicated, invite them to zoom into the service, and provide their email address to our office manager so they receive an invitation with a link for the service. We all will be glad you did!

August notes from the Board

August notes from the board will be included in the weekly updates.

"Those who have a strong sense of love and belonging have the courage to be imperfect."
--Brené Brown

"That is part of the beauty of all literature. You discover that your longings are universal longings, that you're not lonely and isolated from anyone. You belong." -- F. Scott Fitzgerald

Committees & Teams

Building & Grounds Committee
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Board of Trustees
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Committee on Ministry
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Communications Committee
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Religious Exploration Committee
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Nominating Committee
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Social Justice Committee
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Worship Team
worship@ouuf.org

Membership Committee
membership@ouuf.org

Finance Committee
finance@ouuf.org

Oberlin Unitarian Universalist Fellowship

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Services every Sunday on Zoom
at 11:00am

All Are Welcome!

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Board of Trustees '22-'23

President, Stephanie Gibson;
Vice President, Lisette Burwasser;
Treasurer, Cindy Frantz;
Secretary, Elizabeth Aldrich;
Members-at-Large, Jan Larsen, Meredith Sender

11/11/22, 11:05 AM

Oberlin UU Fellowship - Chalice Newsletter - September 2022

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