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# OBERLIN UNITARIAN UNIVERSALIST FELLOWSHIP

## The Chalice Newsletter of the Oberlin Unitarian Universalist Fellowship June 2023

If you have announcements for The Chalice, send them to [office@ouuf.org](mailto:office@ouuf.org) by the 25th of each month.

Thank You!

### Upcoming Services

#### **Delight**

May 2023

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#### **June 4 TED Talk**

Life can be delightful, especially if you are willing to improvise. Come see what we mean as we watch "The shared experience of absurdity" this Sunday.

#### **June 11 Flower Service: Blossoming in Community, Welcoming New Members, Annual Meeting**

Celebrate the annual Flower Service, where you bring a flower symbolizing the gifts you bring to OUUF. At the end of the service, you choose a different flower to take with you, symbolizing what you are ready to receive from OUUF. We also welcome new members. And after the service, hold our Annual Meeting. Service led by Rev. Mary  
Donations benefit OUUF's Cause of the Month for June: Family Planning Services of Lorain County.

#### **June 18**

Whoever heard of a church encouraging you to think for yourself, rather than telling you what to believe? Whoever heard of a church saying nobody goes to Hell? Our religion is

different from others. Service Offered by Members of Men's Group in Collaboration With Bob Mulkins. Gathering Music selected by Katie cross

## June 25 - Justice on Earth, Conversations with the Sacred

Join us to as we stream the GA service, featuring author/UU minister, Manish Mishra-Marzetti. Stay for a potluck and conversation. Service led by Jeff Witmer.

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### Zoom Addresses

#### Sunday Service Zoom Login

Join via computer: <https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09>

Meeting ID: 926 2419 0519

Join via smartphone by dialing: 929-436-2866, then entering the Meeting ID followed by the pound sign: 92624190519#, then entering the password: 134017#

## Mary's Musings



Taking in Delight / Why Delight Matters  
*The congregation's theme of the month for June is **Delight**.*

Delight? Seriously?... Yes. And, no.  
When I first heard June's theme, simultaneously I responded, Yay! and... You've gotta be kidding! - with all that's going on....?  
Both are true. Simultaneously.

What is delight?  
(No dictionaries required.) De-light = *of or from light*  
What are we made of? Light!  
What do we live from? Light!  
Who made us? Where are we going?  
Yup, same old, same old. And never the same.

*So why do we turn - must we turn - to delight?*

The multiple crises of our times - climate, racism, homophobia, gun violence, war in Ukraine, attacks on democracy - need us to be awake, aware and engaged citizens.

To stay awake, aware and engaged, we need to be resilient.  
To feel and respond to anger, fear, and grief, we need to be resilient.

We become resilient from love for life - for nature, for each other, for ourselves, for what we can create and become together.

Taking in Delight - breathing it into every cell of the body - creates neurological well-being, which helps us face and respond creatively to complex realities.

Where does delight find you?  
Where do you expect to welcome delight?  
Where do you look for delight?  
Can you - will you - give yourself permission to see, feel, breathe it in?

I wrote this Musings from a gritty, neighborhood car repair and mini-mart, sitting in their single (swiveling) seat, in front of the cooler (filled with Coke products, bottled water, Reese's peanut butter cups), next to shelves of Pringles and Pop Tarts. First time here. Oil

change. Looking up, I see hand-made banners, drawn by a young child: *Congrats Daddy - I Love You - Angelina. Celebrating 20 years of Service.*

I can't stop smiling, delight and gratitude spreading in all directions.

Delight is in the air. And on the walls.

In the faces and stories of the ones around us. Plants and animals.

May intentional delight and surprising delight be our shared practice - this month and beyond - so we may be of benefit to our world.

## June 2023 Cause of the Month

As part of our covenant with one another, OUUF members have made a commitment to live our values in the world through Causes of the Month, which we support through our offering.

**Family Planning Services of Lorain County** provides confidential, high-quality, low-cost reproductive health care to both men and women at medical offices in Elyria and Lorain, serving more than 5,000 individuals a year. No one is turned away due to inability to pay. The agency takes a holistic approach to health education by providing information on a wide variety of topics to a wide range of groups or one-on-one.

Alexis Dedek, FPSLC Outreach Coordinator, will join us with a recorded message during the service on Sunday, June 11.

Please send donations by check to OUUF Treasurer. Pay Pal is also available. Whatever option of generosity you choose, it is crucial that you indicate who you want to receive your donation

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### JULY 2022 - JUNE 2023 CAUSES OF THE MONTH SCHEDULE

**JULY** - Oberlin Weekday Community Meals

**AUGUST** - LGBTQ+ Lorain County

**SEPTEMBER** - El Centro

**OCTOBER** - Genesis House

**NOVEMBER** - OCS Helping Hands

**DECEMBER** - UU Service Committee- Guest At Your Table

**JANUARY** - Let's Get Real

**FEBRUARY** - The Haven Center of Neighborhood Alliance

**MARCH** - Lorain Co. Free Clinic

**APRIL** - Lorain Co. Rape Crisis Center

**MAY** - UUA Disaster Relief Fund

**JUNE** - Family Planning Service of Lorain Co.

## Adult Programs & Events

For a complete list of events taking place at OUUF, and to see when rooms are reserved for private use, [check our online calendar](#). Otherwise, events will be published in the "This Week @ OUUF" emails the week they occur.

**Mondays:**

**OOUF Men's Group, Mondays, 7-9 p.m., hybrid meeting**

The mission of the OOUF Men's Group is to:

- Support each other as men for positive participation in living the Unitarian Universalist principles in our personal and community lives.
- Strengthen our bond and covenant together, expressing feelings at deepening levels, speaking from the heart and listening actively without judgment.
- Facilitate personal and congregational spiritual growth in beloved community.

Our relationships exist in the space between us, which is sacred (Martin Buber). We honor that space through the use of Essential Silence, I-Statements, and Active Deep Listening. Come once a week, once a month, or once a year. If you identify as male and generally agree with the principles of Unitarian Universalism we hope to see you here.

Zoom Meeting ID: 707 226 286

Passcode: 091 905

**Tuesdays:**

**Poems to Live By, Poems to Wake Us Up:** Monthly UU Poetry Group Zoom. **June 13, 2-3 p.m.** Bring a poem (or two or three) to share. Or come to listen. All are welcome.

**Poetry Zoom** login: [https://zoom.us/j/99928081815?](https://zoom.us/j/99928081815?pwd=To5FQk5sZ05TbEpLUGNmTk5NMldhdz09)

[pwd=To5FQk5sZ05TbEpLUGNmTk5NMldhdz09](https://zoom.us/j/99928081815?pwd=To5FQk5sZ05TbEpLUGNmTk5NMldhdz09)

Meeting ID: 999 2808 1815

Passcode: 559893

One tap mobile

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**Sources Covenant Groups, June 6, 1-3 p.m.** in-person at Oberlin; **7-8:30 p.m.** on Zoom, <https://zoom.us/my/keepingfaithwithlife>. Note: Pre-registration required.

**UU Kendal Monthly Gathering, June 27, 2-3 p.m.,** 4th Tuesdays, in Kendal's main building, in the Green Room. For June, our theme is **Delight**. Our reflection questions/conversation starters include,

- When have you been surprised by delight recently?
- Do you have a story to share about delight?
- What has delight shown you?
- What role has delight played in your life?
- Who comes to mind(heart) when you think of with delight?

Conversation and check-in facilitated by Rev. Mary; All are welcome.

**Wednesdays:**

**Pastoral Counseling/Check-In - 2nd & 4th Wednesday's, June 14 & 28, 11-12 noon** Phone-in: 216-402-3438 or email Rev. Mary for an appointment at a different time ([mary@marygrigolia.com](mailto:mary@marygrigolia.com)). All are welcome.

**Living with Change Covenant Group – 2nd & 4th Wednesday's, June 14 & 28, 2:30-4:30, in-person @ OOUF**

Refreshments and socializing begin at 2:30, the meeting runs from 3:00 to 4:30 p.m. After a check-in, the leader of the day introduces a topic and a discussion follows, sometimes about that topic and sometimes about a topic raised during the check-in. All are welcome.

**What Would Jesus Do? Covenant Group - 4th Wednesdays, June 28, 7pm-8:30pm - via Zoom**

You are warmly invited to join us in exploring the book *Christ for Unitarian Universalists: A New Dialogue with Traditional Christianity* by Scotty McLennan, and a study provided by the UUA to go along with each chapter. Spiritual seekers from traditional Christian churches are also welcome in our group! (Our group was inspired by a book entitled *The Great Spiritual Migration*, by Brian McLaren, as well).

Zoom Login:

<https://zoom.us/j/99356254184?pwd=ZkoyVmdJSXAoaGk5dGozZW5adWVadzO9>  
 Meeting ID: 993 562 54184  
 Passcode: 580 483

### **Thursdays:**

**Deepening Circles Meditation (DCM) - Thursdays, 10:30-11:30 a.m.; June 1, 8, 15, 29** on Zoom. NO SESSION ON 6/22. Reading Pema Chodron's, *Taking the Leap*: chapter nine, "The Importance of Pain" (6/1); chapter ten, "Unlimited Friendliness," (6/8 & 15); epilogue, "Taking This into the World" (6/29). All are welcome. Led by Rev. Mary.

**DCM Zoom login:**

<https://zoom.us/j/97515604579pwd=bjJRcWdpMU1VcGxpVHNiZXlnS2piUT09>  
 Meeting ID: 975 1560 4579 Passcode: 679876

Join by smartphone by entering: 929-436-2866, then entering the Meeting ID plus #: 97515604579#, then entering the passcode plus #: 679876#

**Wisdom Dreams - Thursday, June 1, 1:30-2:30 p.m. on Zoom.** Bring a dream (or dream image) to share. Explore together the messages, meanings, and metaphors, wisdom and humor. All are welcome.

**DREAM Group:** <https://zoom.us/j/93122029279?pwd=TC9UMmVGQVZHUHEzcWJ1OWUzUHOrZz09>

Meeting ID: 931 2202 9279

Passcode: 238245

One tap mobile

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**WISE Women - Thursday, June 15, 1-2:30 p.m.** Women-in-Spirit Evolving - a monthly group to listen, support and celebrate what's emerging in our lives. In June we reflect on Delight and share what we are learning as WISE Women. In-person at Olmsted UU and also online:

**WISE Women:** <https://zoom.us/j/91280099980?pwd=MUsxb1BDMjA2SVQoTVR3cTRDVWZGUT09>

Meeting ID: 912 8009 9980

Passcode: 527342

One tap mobile

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### **Fridays:**

**Current Events Discussion Group, June 16, 7-9:00 p.m.**

As a group we believe there is a difference between waiting and keeping vigil. "Anxious, impatient waiting is just waiting. But waiting with purpose, hope, and love is vigilant waiting." We warmly invite you to join us in our vigilant waiting to enhance our understanding of current events and provide emotional support to one another in community, responding to them with vigor. Ideas for social action initiatives are referred to the Social Justice Committee for consideration.

Zoom Login:

Meeting ID: 937 7402 1775

Passcode: 294 216

### **Saturdays:**

***"Help imagine and plan spiritually uplifting Sunday services"***

**Worship Retreat** / presented by the Oberlin Worship Team

When: Saturday June 10, 10:30 a.m.-12 noon

Where: at the Fellowship and on Zoom.

**Prep Work:** What topics, readings, videos, podcasts, songs, stories (etc.) are lifting your spirits, engaging your heart and mind?

We'll explore the individual needs must we face together, and the social, collective needs we must respond to - as a spiritual community, as support and practice groups, and as

friends.  
All are welcome!

Zoom login (same as Sunday service):

**[https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)**

**[pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)**

Meeting ID: 926 2419 0519

Passcode: 134017

## MORE ABOUT OUR COMMITTEE & TEAM EVENTS

**Joys & Concerns, Oberlin Care Team, Wednesday, June 28, 2 p.m.** on Zoom:

<https://zoom.us/my/keepingfaithwithlife>

**OUUF Worship Team, Friday, Jun 2, 11 am-12 p.m. (NOTE NEW DAY/TIME)**

on Zoom to reflect on past services and plan upcoming services. All are welcome. Same login as Sunday morning services:

**[https://zoom.us/j/92624190519?](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)**

**[pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09](https://zoom.us/j/92624190519?pwd=SWdHL3Z6QkxGY1lTWXdqdVluYUVXQT09)**

Meeting ID: 926 2419 0519

Passcode: 134017

**OUUF & OUUC Adult Program Teams, Thursday, June 15, 4-5 p.m.** Evaluate current programs, plan new ones. All are welcome. On Zoom:

<https://zoom.us/j/97055771526?pwd=Q1psWjJzcDZxeWxoWHRpMlBqYnBoZz09>

Meeting ID: 970 5577 1526

Passcode: 975903

One tap mobile

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## MEMBERSHIP MATTERS: Becoming a Member

Unitarian Universalist minister Jack Mendelson reminds us that:

Inscribing your name does not transform you into an instant or born again Unitarian Universalist. Our religious way of life is not so much an arriving as a becoming - an ongoing process of thought and life experience. Joining for you may mean fresh steps along a familiar path. It may mean venturing into uncharted territory. In either case, the initiative is yours. You do not sign on someone else's dotted line of spiritual development, and there is no fine print. Your signature is your affirming symbol of commitment to an open-minded, inclusive, reasoned, seasoned, compassionate and contemporary approach to live.

“Others have seen what is and asked why. I have seen what could be and asked why not.” – Pablo Picasso

“The worst enemy to creativity is self-doubt.” – Sylvia Plath

“You can't use up creativity. The more you use, the more you have.” – Maya Angelou

“That's the great secret of creativity. You treat ideas like cats: you make them follow you.”  
– Ray Bradbury

## Committees & Teams

[Building & Grounds Committee](#)  
[bandg@ouuf.org](mailto:bandg@ouuf.org)

[Board of Trustees](#)  
[board@ouuf.org](mailto:board@ouuf.org)

[Committee on Ministry](#)  
[com@ouuf.org](mailto:com@ouuf.org)

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[communications@ouuf.org](mailto:communications@ouuf.org)

[Religious Exploration Committee](#)  
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[Nominating Committee](#)  
[nomcom@ouuf.org](mailto:nomcom@ouuf.org)

[Social Justice Committee](#)  
[socjust@ouuf.org](mailto:socjust@ouuf.org)

[Worship Team](#)  
[worship@ouuf.org](mailto:worship@ouuf.org)

[Membership Committee](#)  
[membership@ouuf.org](mailto:membership@ouuf.org)

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## Oberlin Unitarian Universalist Fellowship

355 E. Lorain St.  
Oberlin, Ohio 44074  
Phone: 440-775-0355  
[www.ouuf.org](http://www.ouuf.org)

Services every Sunday on Zoom  
at 11:00am

All Are Welcome!

## STAFF

Minister:  
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## Board of Trustees '22-'23

President, Stephanie Gibson;  
Vice President, Lisette Burwasser;  
Treasurer, Cindy Frantz;  
Secretary, Elizabeth Aldrich;  
Members-at-Large, Jan Larsen, Meredith Sender

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